As a cook, the food you make is more important than the awards you win.

Eleven home cooks participated in the 2022 Pasta Bowl, competing in up to four rounds of pasta-making competition. No cook made the same dish twice.

When two or more cooks created the same dish in the same round, all but one was eliminated. The only time this happened and no one was eliminated was in round one, when both Hestia and Flora prepared orecchiette. Nobody who made a unique dish in a round was eliminated.

Boris was the only contestant eliminated after the first dish, when his elicoidali faced off against Klaus's.

Five competitors were eliminated in the second round.

Over the course of the entire contest, no one variety of pasta was made by more than three cooks. Rigatoni was one of the pastas made by three people.

In the second round, Eustace lost with his anelli, and Greg lost with his stelline.

Only two cooks prepared a pasta dish which started with the same letter as their name, both doing so in the second round, and both being eliminated at that time.

India prepared cannelloni in the second round.

The final round was a face-off between Drew and Hestia's lumache dishes. Audie was the only other contestant to make lumache during any round.

The only pastas to only appear once in the contest were Greg's manicotti, Eustace's ditalini, and Claude's tempesta.

Jackie's rigatoni knocked Flora out of the contest.

The three women in the third round prepared penne, while the men made rotelle.

Drew and Jackie each prepared sagnette dishes during the contest, and Drew and Hestia each made stelline.